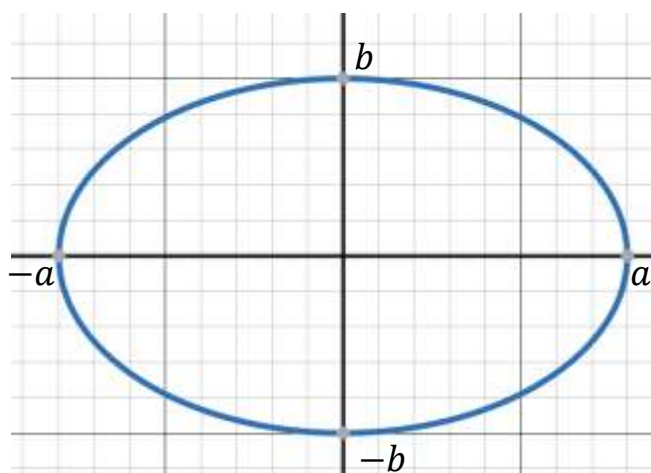


Simple Closed Curves in \mathbb{R}^2 /The Isoperimetric Inequality/
The Four Vertex Theorem

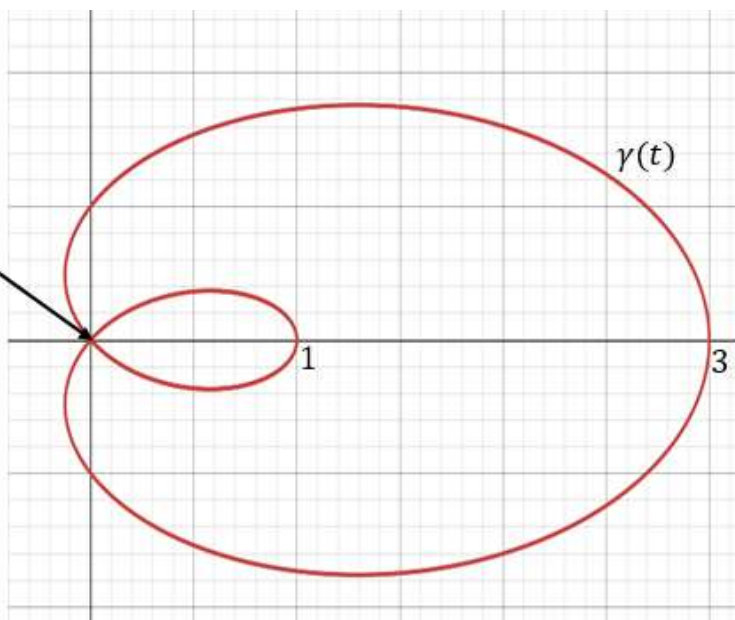
Def. A **simple closed curve** in \mathbb{R}^2 is a closed curve in \mathbb{R}^2 that has no self intersections.

Ex. $\gamma(t) = (a \cos t, b \sin t), t \in \mathbb{R}$, an ellipse, is a simple closed curve in \mathbb{R}^2 .



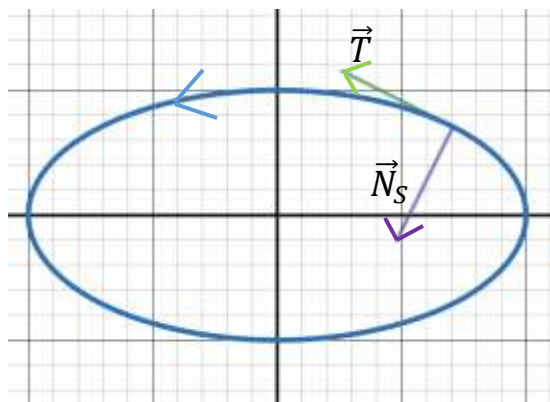
Ex. The limaçon, $\gamma(t) = ((1 + 2 \cos t) \cos t), (1 + 2 \cos t) \sin t), t \in \mathbb{R}$ is a closed curve but not a simple closed curve:

$t = \frac{2\pi}{3} + 2n\pi$ and $t = \frac{4\pi}{3} + 2n\pi$
 n an integer.

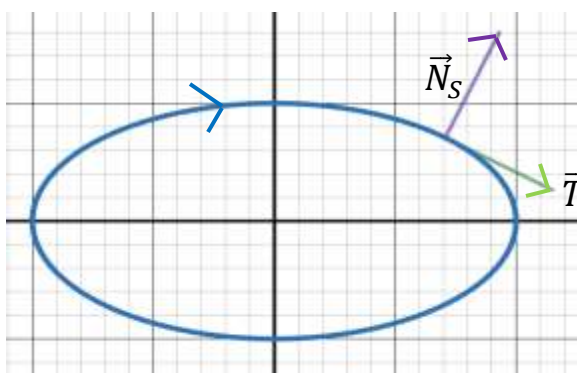


Every simple closed curve has a bounded interior and an unbounded exterior. For a simple closed curve, γ , we say γ is positively oriented if the signed normal \vec{N}_s points into the interior of γ at every point of γ .

Positively Oriented



Negatively Oriented



Theorem: The total signed curvature of a simple closed curve in \mathbb{R}^2 is $\pm 2\pi$

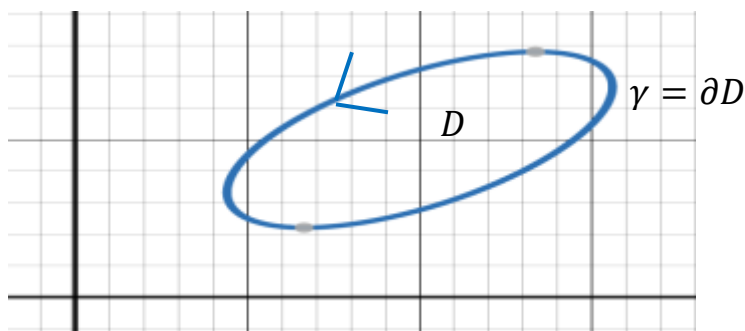
$$\int_0^l \kappa_s(s) ds = \pm 2\pi.$$

The Isoperimetric Inequality

Given a simple closed curve γ of fixed length $l = l(\gamma)$, what can we say about the area, $A(\gamma)$, enclosed by γ ? The isoperimetric inequality gives us an upper bound on $A(\gamma)$. However, we will need a corollary of Green's theorem to establish this inequality.

Green's Theorem: Let $f(x, y)$ and $g(x, y)$ be smooth functions and let γ be a positively oriented simple closed curve that bounds a region $D \subseteq \mathbb{R}^2$. Then:

$$\iint_D \left(\frac{\partial g}{\partial x} - \frac{\partial f}{\partial y} \right) dx dy = \int_{\gamma} f(x, y) dx + g(x, y) dy .$$



Cor: Let $\gamma(t) = (x(t), y(t))$ be a positively oriented closed curve of length l bounding a region D , then:

$$\text{area}(D) = \int_{\gamma} x dy = - \int_{\gamma} y dx = \frac{1}{2} \int_{\gamma} (-y dx + x dy) .$$

Proof: $\text{area}(D) = \iint_D 1 dx dy$.

Let $g(x, y) = x$, $f(x, y) = 0$, then $\frac{\partial g}{\partial x} - \frac{\partial f}{\partial y} = 1$.

Now apply Green's Theorem:

$$\text{area}(D) = \iint_D 1 dx dy = \int_{\gamma} f(x, y) dx + g(x, y) dy = \int_{\gamma} x dy .$$

Now let $f(x, y) = -y$, $g(x, y) = 0$, then $\frac{\partial g}{\partial x} - \frac{\partial f}{\partial y} = 1$.

Now apply Green's Theorem:

$$\text{area}(D) = \iint_D 1 dx dy = \int_{\gamma} f(x, y) dx + g(x, y) dy = - \int_{\gamma} y dx .$$

Finally, $\int_{\gamma} x dy - \int_{\gamma} y dx = 2(\text{area of } D)$ so we can write:

$$\frac{1}{2} \int_{\gamma} (x dy - y dx) = \text{area of } D.$$

Theorem (Isoperimetric Inequality): Let γ be a smooth simple closed curve in \mathbb{R}^2 with $l(\gamma) = \text{length of } \gamma$ and $A(\gamma) = \text{area bounded by } \gamma$. Then:

$$A(\gamma) \leq \frac{1}{4\pi} (l(\gamma))^2$$

and this equality holds if, and only if, γ is a circle.

Proof (We will prove this for regular curves, but it's actually true for C^1 curves):

Let L_1 and L_2 be parallel lines that are tangent to γ such that γ is contained between them.

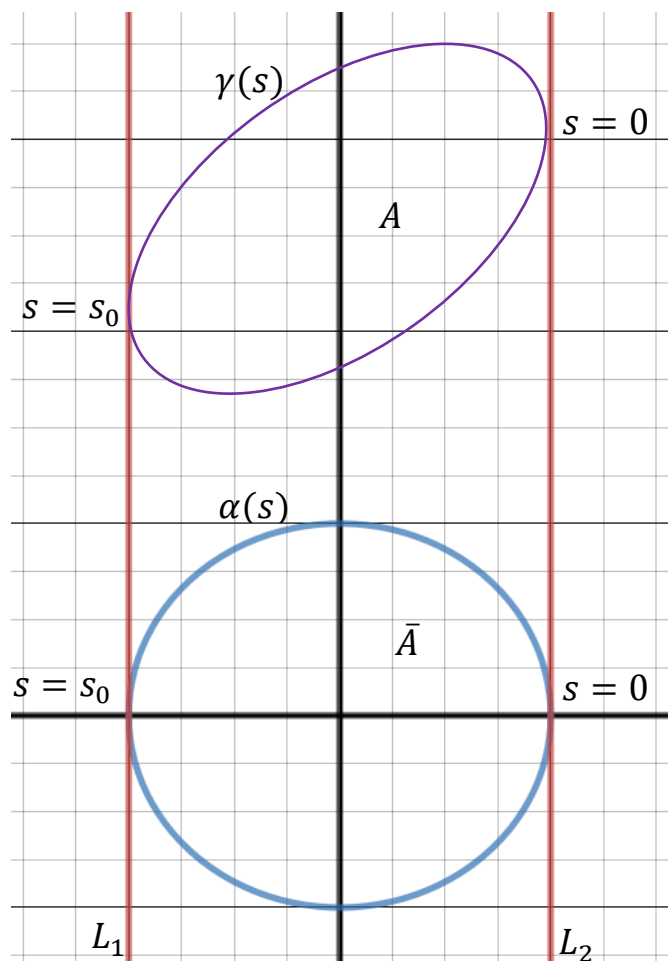
Let α be a circle that is tangent to L_1 and L_2 that doesn't intersect γ .

Let γ be parametrized by its arc length, s , and let $l = l(\gamma)$.

So $\gamma(s) = (x(s), y(s))$, and we can parametrize the circle by:

$$\alpha(s) = (\bar{x}(s), \bar{y}(s)) = (x(s), \bar{y}(s)) \text{ i.e. take } \bar{x}(s) = x(s).$$

$$\text{So, } x^2 + \bar{y}^2 = r^2.$$



$$\begin{aligned}\bar{x}(0) &= x(0) = r \\ \bar{x}(s_0) &= x(s_0) = -r \\ \bar{x}^2 + \bar{y}^2 &= r^2\end{aligned}$$

By Green's Theorem, the area bounded by γ , A , is:

$$A = \int_{\gamma} x \, dy = \int_0^l x \frac{dy}{ds} \, ds.$$

The area bounded by the circle α , \bar{A} , is:

$$\bar{A} = \pi r^2 = - \int_{\alpha} \bar{y} \, dx = - \int_0^l \bar{y} \frac{dx}{ds} \, ds.$$

Adding the two areas we get:

$$A + \pi r^2 = \int_0^l (x y' - x' \bar{y}) \, ds \leq \int_0^l \sqrt{(x y' - x' \bar{y})^2} \, ds.$$

Claim: $(xy' - x'\bar{y})^2 \leq (x^2 + \bar{y}^2)((x')^2 + (y')^2)$.

$$(xy' - x'\bar{y})^2 = x^2(y')^2 - 2xy'x'\bar{y} + (x')^2\bar{y}^2.$$

$$\text{But } 0 \leq (\bar{y}y' + x x')^2 = \bar{y}^2(y')^2 + 2\bar{y}y'x'x + x^2(x')^2 \quad (1)$$

so we can write:

$$-2xy'x'\bar{y} \leq \bar{y}^2(y')^2 + x^2(x')^2.$$

$$\begin{aligned} (xy' - x'\bar{y})^2 &\leq x^2(y')^2 + x^2(x')^2 + (\bar{y}^2)(y')^2 + (x')^2\bar{y}^2 \\ &= (x^2 + \bar{y}^2)((x')^2 + (y')^2). \end{aligned}$$

So

$$(xy' - x'\bar{y})^2 \leq (x^2 + \bar{y}^2)((x')^2 + (y')^2).$$

Now we have:

$$\begin{aligned} A + \pi r^2 &\leq \int_0^l \sqrt{(xy' - x'\bar{y})^2} \, ds \\ &\leq \int_0^l \sqrt{(x^2 + \bar{y}^2)((x')^2 + (y')^2)} \, ds \\ &= \int_0^l \sqrt{x^2 + \bar{y}^2} \, ds \quad (\text{since } \gamma \text{ is unit speed}) \\ &= \int_0^l \sqrt{\bar{x}^2 + \bar{y}^2} \, ds = lr \quad (\text{since } \sqrt{\bar{x}^2 + \bar{y}^2} = r) \end{aligned}$$

Now dividing by 2 we get:

$$\frac{1}{2}(A + \pi r^2) \leq \frac{1}{2}lr .$$

But the geometric mean of two positive numbers is less than or equal to the arithmetic mean:

$$(*) \quad \sqrt{(\pi r^2)(A)} \leq \frac{1}{2}(A + \pi r^2) \leq \frac{1}{2}lr$$

So, $(\pi r^2)A \leq \frac{1}{4}l^2r^2$ and $A \leq \frac{1}{4\pi}l^2$.

For the equality to hold, (*) implies that $A = \pi r^2$ and $l = 2\pi r$.

From (1), $xx' + \bar{y}y' = 0$. But differentiating $x^2 + \bar{y}^2 = r^2$ gives:

$$xx' + \bar{y}\bar{y}' = 0 \implies \bar{y}' = y'.$$

Thus, $y(s) = \bar{y}(s) + \text{constant}$.

And since $x = \bar{x}$, and $\gamma = (x(s), y(s))$,

we have:

$$r^2 = x^2 + \bar{y}^2 = x^2 + (y - \text{const})^2, \text{ and } \gamma \text{ is a circle.}$$

Ex. Does there exist a simple closed curve in \mathbb{R}^2 with length equal to 4 enclosing an area of 2?

No! By the isoperimetric inequality:

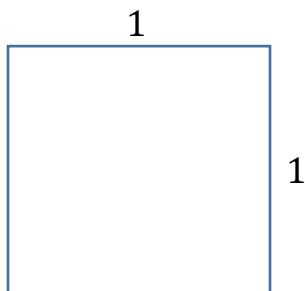
$$A \leq \frac{1}{4\pi} l^2, \text{ but } 2 > \frac{1}{4\pi} (4)^2 = \frac{4}{\pi}.$$

Ex. Does there exist a simple closed curve in \mathbb{R}^2 with length 4 enclosing an area of 1? If so, find an example.

$l = 4, A = 1,$ does satisfy the isoperimetric inequality since

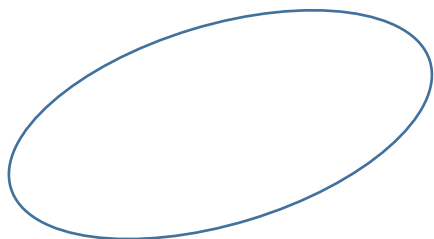
$$1 \leq \frac{1}{4\pi} (4)^2 = \frac{4}{\pi}.$$

The isoperimetric inequality is actually true for piecewise smooth curves, so let's find a rectangle whose perimeter is 4 and whose area is 1. We could solve simultaneous equations to do that but clearly a square of side 1 works.

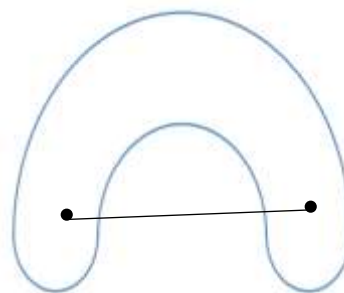


The Four Vertex Theorem

Def. A simple closed curve, γ , is called **convex** if a line segment joining any two points in the interior of γ lies entirely in the interior of γ .



Convex



Not Convex

Def. A vertex of a curve, $\gamma(t)$, in \mathbb{R}^2 is a point where $\frac{d\kappa_s}{dt} = 0$.

Recall that we saw earlier:

$$\kappa_s = \frac{x'y'' - x''y'}{((x')^2 + (y')^2)^{\frac{3}{2}}} \quad \text{where } \gamma(t) = (x(t), y(t)).$$

Ex. Find all of the vertices of the ellipse $\gamma(t) = (3 \cos t, 2 \sin t)$.

$$x(t) = 3 \cos t, \quad x' = -3 \sin t, \quad x'' = -3 \cos t$$

$$y(t) = 2 \sin t, \quad y' = 2 \cos t, \quad y'' = -2 \sin t$$

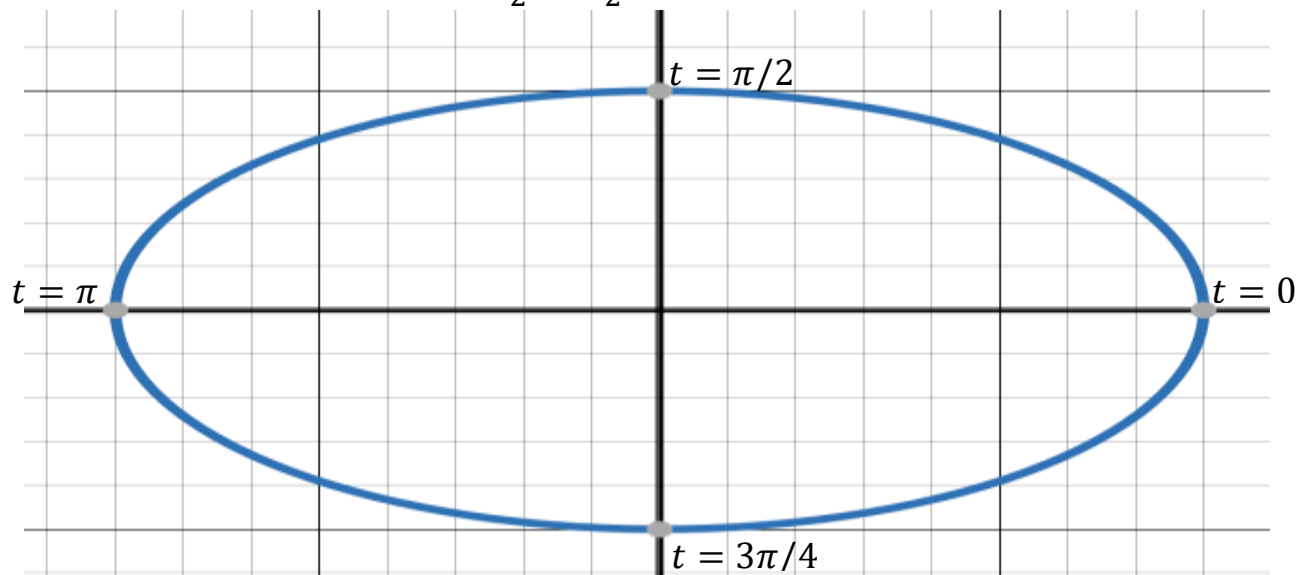
$$\kappa_S = \frac{(-3 \sin t)(-2 \sin t) - (-3 \cos t)(2 \cos t)}{((-3 \sin t)^2 + (2 \cos t)^2)^{\frac{3}{2}}}$$

$$\kappa_S = \frac{(3)(2)}{(3^2 \sin^2 t + 2^2 \cos^2 t)^{\frac{3}{2}}} = 6(9 \sin^2 t + 4 \cos^2 t)^{-\frac{3}{2}}$$

$$\frac{d\kappa_S}{dt} = -9(9 \sin^2 t + 4 \cos^2 t)^{-\frac{5}{2}}(18(\sin t)(\cos t) - 8(\sin t)(\cos t))$$

$$\frac{d\kappa_S}{dt} = \frac{-90 \sin t \cos t}{(9 \sin^2 t + 4 \cos^2 t)^{\frac{5}{2}}} = 0; \text{ where } \sin t = 0 \text{ or } \cos t = 0.$$

So vertices when $t = 0, \frac{\pi}{2}, \pi, \frac{3\pi}{2}$.



Theorem (Four Vertex Theorem): Every convex simple closed curve in \mathbb{R}^2 has at least four vertices.

Ex. Find the vertices of $y = \sin x$.

$$\gamma(t) = (t, \sin t)$$

$$x(t) = t \quad y(t) = \sin t$$

$$x'(t) = 1 \quad y'(t) = \cos t$$

$$x''(t) = 0 \quad y''(t) = -\sin t.$$

$$\kappa_s = \frac{x'y'' - x''y'}{((x')^2 + (y')^2)^{\frac{3}{2}}} = \frac{(1)(-\sin t)}{(1 + \cos^2 t)^{\frac{3}{2}}} = \frac{-\sin t}{(1 + \cos^2 t)^{\frac{3}{2}}}$$

$$\begin{aligned} \frac{d\kappa_s}{dt} &= \frac{(1 + \cos^2 t)^{\frac{3}{2}}(-\cos t) - (-\sin t)\left(\frac{3}{2}\right)(1 + \cos^2 t)^{\frac{1}{2}}(2\cos t)(-\sin t)}{(1 + \cos^2 t)^3} \\ &= \frac{(1 + \cos^2 t)^{\frac{1}{2}}[-(1 + \cos^2 t)(\cos t) - 3 \sin^2 t(\cos t)]}{(1 + \cos^2 t)^3} \\ &= \frac{\cos t(-1 - \cos^2 t - 3 \sin^2 t)}{(1 + \cos^2 t)^{\frac{5}{2}}} = 0 \end{aligned}$$

$$(-1 - \cos^2 t - 3 \sin^2 t) < 0 \text{ for all } t.$$

$$(1 + \cos^2 t)^{\frac{5}{2}} > 0 \text{ for all } t.$$

$$\cos t = 0 \implies t = \frac{2n+1}{2}\pi; \quad n \in \mathbb{Z} \text{ are the vertices.}$$

Ex. Find the vertices of $\gamma(t) = (e^t \cos t, e^t \sin t)$.

$$x(t) = e^t \cos t$$

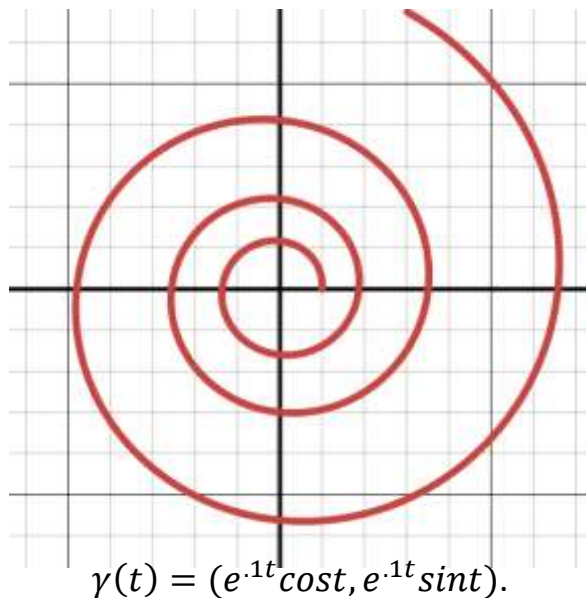
$$x'(t) = -e^t \sin t + e^t \cos t$$

$$x''(t) = -2e^t \sin t$$

$$y(t) = e^t \sin t$$

$$y'(t) = e^t \cos t + e^t \sin t$$

$$y''(t) = 2e^t \cos t.$$



$$\kappa_s = \frac{x'y'' - x''y'}{((x')^2 + (y')^2)^{\frac{3}{2}}}$$

$$\kappa_s = \frac{(e^t(-\sin t + \cos t))(2e^t \cos t) - (-2e^t \sin t)(e^t)(\cos t + \sin t)}{[e^{2t}(\cos t - \sin t)^2 + e^{2t}(\cos t + \sin t)^2]^{\frac{3}{2}}}$$

$$\kappa_s = \frac{2e^{2t}}{e^{3t}(2)^{\frac{3}{2}}} = \frac{1}{e^t \sqrt{2}} = \frac{\sqrt{2}}{2} e^{-t}$$

$$\frac{d\kappa_s}{dt} = -\frac{\sqrt{2}}{2} e^{-t} \neq 0, \quad \text{so no vertices.}$$

Notice that since the curvature of a circle is constant, every point of a circle is a vertex.

Ex. Find the vertices of the limaçon $\gamma(t) = ((1 + 2\cos t)\cos t, (1 + 2\cos t)\sin t)$.

$$x(t) = (1 + 2\cos t)\cos t$$

$$y(t) = (1 + 2\cos t)\sin t$$

$$\begin{aligned} x'(t) &= -\sin t - 4\sin t \cos t \\ &= -\sin t - 2\sin 2t \end{aligned}$$

$$\begin{aligned} y'(t) &= \cos t + 2(\cos^2 t - \sin^2 t) \\ &= \cos t + 2\cos 2t \end{aligned}$$

$$x''(t) = -\cos t - 4\cos 2t$$

$$y''(t) = -\sin t - 4\sin 2t$$

$$\begin{aligned} \kappa_s &= \frac{x'y'' - x''y'}{((x')^2 + (y')^2)^{\frac{3}{2}}} \\ &= \frac{(-\sin t - 2\sin 2t)(-\sin t - 4\sin 2t) - (-\cos t - 4\cos 2t)(\cos t + 2\cos 2t)}{((-\sin t - 2\sin 2t)^2 + (\cos t + 2\cos 2t)^2)^{\frac{3}{2}}} \\ &= \frac{9 + 6(\sin t)\sin 2t + 6(\cos t)\cos 2t}{(5 + 4(\sin t)\sin 2t + 4(\cos t)\cos 2t)^{\frac{3}{2}}} \end{aligned}$$

Notice that:

$$\begin{aligned} (\sin t)\sin 2t + (\cos t)\cos 2t &= 2\sin^2 t(\cos t) + \cos t(1 - 2\sin^2 t) \\ &= \cos t. \end{aligned}$$

So we have: $\kappa_s = \frac{9+6\cos t}{(5+4\cos t)^{\frac{3}{2}}}$.

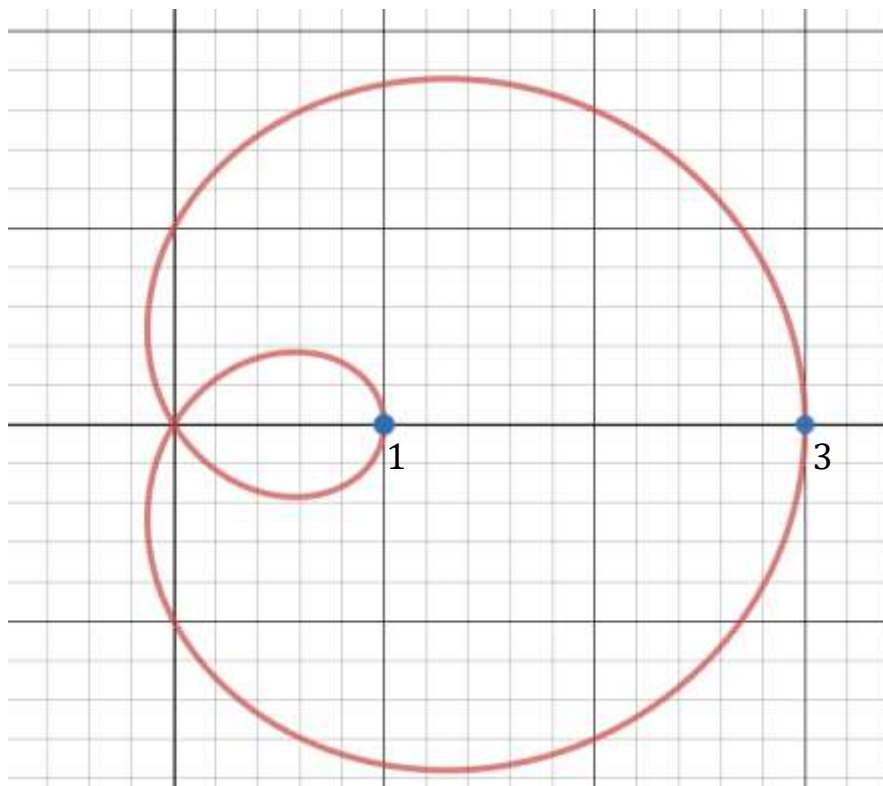
$$\frac{d\kappa_s}{dt} = \frac{24\sin t + 12\sin t \cos t}{(5+4\cos t)^{\frac{3}{2}}} = 0$$

$$\Rightarrow 24\sin t + 12\sin t \cos t = 0$$

$$12\sin t(2 + \cos t) = 0.$$

$$t = 0, \pi \text{ (since the curve is } 2\pi \text{ periodic).}$$

Thus this limaçon has vertices at $\gamma(0) = (3,0)$, $\gamma(\pi) = (1,0)$.



Note: The limaçon does not violate the 4 vertex theorem because it is not a simple closed curve.